

Al-Anon Family Groups Meeting Schedule

Updated February 2024

District 12

Anna Maria Island, Bradenton, Ellenton, Lakewood Ranch, Longboat Key, Myakka, Palmetto, Sarasota, and Siesta Key

Welcome to Al-Anon

Al-Anon has but one purpose: to help families of alcoholics.

We do this by practicing the Twelve Steps, by welcoming & giving comfort to families of alcoholics, & by giving understanding & encouragement to the alcoholic.

Help Lines, Websites & Podcasts

Al-Anon/Alateen:

Local 941-749-1750 (24 hours) US 1-800-344-2666 (8a-6p EST, M-F)

World Service Office (WSO) Meeting Info:

1-888-425-2666

Local AA: 941-951-6810

Información en español: 407-253-9848

Al-Anon Servicios de Información
Alanon.Ayuda@yahoo.com

Local Al-Anon: <https://www.al-anon12.org/> North Florida:

www.afgarea9.org WSO:

www.alanon.alateen.org Listen to

Podcasts:

podcasts@al-anon.alateen.org OR

anonfamilygroups.org/podcasts/firststeps

Al-Anon Declaration

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and -

LET IT BEGIN WITH ME!

The Serenity Prayer

God grant me the serenity

To accept the things I cannot change, Courage to change the things I can, And wisdom to know the difference.

Step & Tradition Meetings (Please see meeting schedule for locations)

- **Monday @ 7:00pm** - Journey to Recovery AFG, 1st Monday of the month: Step -Tradition-Concept
- **Tuesday @ 11:30am** - Steps to Serenity AFG, 1st Tuesday - Step/Tradition/Concept, SARASOTA
- **Tuesday @ 7:00pm** - New Hope AFG, 3rd Tuesday - Step, PALMETTO
- **Tuesday @ 7:00pm** - Keep It Simple 1st Tuesday - Step, BRADENTON
- **Tuesday @ 6:00pm** - Serenity Step AFG, First - Step, BRADENTON
- **Wednesdays @ 11:00a** - You Are Welcome Here AFG- Step- Palmetto Presbyterian Church, PALMETTO
- **Thursday @ 12noon** - Thursday Noon AFG, 1st Thursday - Step, BRADENTON
- **Thursday @7:00pm** - East Side Steppers AFG, Last Thursday - Tradition, BRADENTON
- **Saturday @ 9:00am** - Saturday Morning Serenity AFG, 4th Saturday - Step/Tradition, SARASOTA
- **Saturday @ 4:00 pm** - Lakewood Ranch AFG, Step Meeting, BRADENTON
- **Saturday @7:00pm** - Saturday Night Gratitude AFG, 2nd Saturday - Tradition/Concept, 4th Saturday - Step, BRADENTON

Speaker Meetings

(Please see meeting schedule for locations)

- **Tuesday @ 7:00pm** - New Hope AFG 5th Tuesday Months, PALMETTO
- **Tuesday @ 7:00pm** - Keep It Simple AFG, 3rd Tuesday, even # months, BRADENTON
- **Thursday @ 12noon** - Thursday Noon AFG, 3rd Thursday on even # months, BRADENTON

Meditation Meetings

(Please see meeting schedule for locations)

- **Saturday @ 4:00pm** - Lakewood Ranch AFG, 4th Saturday - Step 11 Meditation, BRADENTON
- **Sunday @ 7:00pm** - Candlelight AFG, 5th Sunday(Applicable Months) LONGBOAT KEY

Meeting

Descriptions

- **Alateen:** An Al-Anon program for teenagers, facilitated by Alateen trained adults who are members of Al-Anon.
- **Newcomer Meetings:** Aimed at newcomers to make them feel welcome, usually followed by a regular meeting
- **Speaker Meetings:** Meetings where relatives or friends of the alcoholic share their experience, strength and hope.
- **Step and Tradition Meetings:** In depth study of the 12 Steps and 12 Traditions adopted from AA, using conference approved literature.
- **CAL Study Group:** Focuses on studying the conference approved literature of AL-Anon.
- **Meditation Meeting:** A meeting focused on Step 11 of the 12 Steps.
- **Friends and Family only:** A meeting that does not allow attendance by people who are not family or friends of alcoholics, such as professionals or students.

DISTRICT 12 WHERE & WHEN AL-ANON MEETING SCHEDULE FEBRUARY 2024

NEWCOMER MEETINGS	WHEN	Acronyms		Websites	
St Mary Magdalene Episcopal Church 11315 Palmbrush Trail (Activities Hall) LAKEWOOD RANCH	Monday 6:45pm IN-PERSON(IP)	ACRONYMS: AFG – Al-Anon Family Groups BBS- Babysitting Available CAL – Conference Approved Literature CF – Child friendly FF- Friends and Family only FFO- Friends, Family and Observers IP-In-Person MR-Masks Required NC – Newcomer Meeting available NH – NOT Handicap friendly O/AA – Open AA meeting same time/place C/AA – Closed AA meeting same time/place		Information and Access to In-Person Meetings https://www.al-anon12.org/in-person-meetings.html	
New Hope AFG Palmetto Presbyterian Church 1115 10th Ave West PALMETTO	Tuesday 7:00-7:15pm Meet & Greet Mini-Session During Meeting			Information and Access to Zoom Meetings https://www.al-anon12.org/temporary-electronic-meetings.html	
St. John’s Methodist Church 6611 Proctor Road SARASOTA	Saturday 8:15am IN-PERSON(IP)				
SUNDAY	WHEN	TUESDAY Continued	WHEN	THURSDAY	WHEN
The Beach Meeting AFG Manatee Public Beach (End of Manatee Ave. W) (left of food court, bring chair) HOLMES BEACH	9:00am FF IP & ZOOM	Serenity Step AFG Christ Episcopal Church/Christ Church 4030 Manatee Ave. West (Park in back of Church, Meet in Parlor) BRADENTON	6:00pm CAL, O/A A NH, FF, IP	Palms AFG St. Andrews Church of Christ 6908 S. Beneva Road SARASOTA	10:00am FF, IP
Candlelight AFG Longboat Island Chapel 6200 Gulf of Mexico Drive (Upstairs Backroom; elevator available) LONGBOAT KEY	7:00pm O/AA, FF, IP NC, ZOOM	Myakka Just for Today AFG Whispering Ranches Feed 4922 Verna Bethany Rd MYAKKA CITY	6:30pm FF IP	Thursday Noon AFG Meett G.T. Bray Park near dog park (51st St. & 29th Ave. W) covered picnic area behind playground, sign by pavilions BRADENTON	12:00pm FFO IP & ZOOM bring chair
MONDAY	WHEN	Keep It Simple Saints Peter & Paul Church 2870 75th St. West (first building south of the sanctuary) BRADENTON	7:00pm FF IP & ZOOM	Downtown Serenity AFG SARASOTA	6:45pm FFO ZOOM ONLY
Awareness AFG First United Methodist SE corner 11Ave. & 4 th (Rm. 1) PALMETTO	10:00am FF, IP	New Hope AFG Palmetto Presbyterian Church (Use the 12th Street W Entrance) 1115 10th Ave West PALMETTO	7:00pm FFO, IP	East Side Steppers AFG St Mary Magdalene Episcopal Church 11315 Palmbrush Trail LAKEWOOD RANCH	7:00pm STEP O/AA FF IP & ZOOM
Journey to Recovery AFG Concordia Lutheran Church 2185 Wood Street (park in rear) SARASOTA	7:00pm FFO, IP, CAL	Serenity in the Storm AFG Sarasota Alliance Church 7221 Bee Ridge Rd Enter behind main bldg. follow signs SARASOTA	7:00pm CAL, FF, IP, BBS, C/AA	Serenity in the Storm AFG Sarasota Alliance Church 7221 Bee Ridge Rd Upstairs Room 207 SARASOTA	7:00pm CAL, FF, IP, BBS, C/AA
Gulf Gate Group AFG St. Thomas Moore Church (Chelsea Center) 2506 Gulf Gate Drive SARASOTA	7:00pm FFO, IP	WEDNESDAY	WHEN	FRIDAY	WHEN
Al-Anon East AFG St Mary Magdalene Episcopal Church 11315 Palmbrush Trail (Activities Hall) LAKEWOOD RANCH	7:30pm STEP, FFO, NC, IP, & ZOOM	The Breakfast Club AFG IHOP Tamiami Trail One Block South of Bee Ridge Rd SARASOTA	9:00am FFO, IP	How Al-Anon Works (Literature Discussion) St. Andrews Church of Christ 6908 Beneva Rd (Conf. Room) SARASOTA	11:00am FFO, IP, CAL
TUESDAY	WHEN	Gratitude #1 AFG Manasota Christian Chapel 1450 46th Ave. Drive West BRADENTON	10:00am FF IP	Stickney Saturday Morning AFG Pineshore Presbyterian Church (Community Center Bldg) 6210 Crestwood Ave SARASOTA	8:30am FF IP
Tue. AM Discussion AFG First Congregational United Church of Christ 1031 South Euclid Ave SARASOTA	10:15am FF, IP	You Are Welcome Here AFG Palmetto Presbyterian Church (Use the 12th St W Entrance) 1115 10TH Ave W PALMETTO	11:00am FF IP (STEP)	Sat. Morning Serenity AFG St. John’s Methodist Church 6611 Proctor Road SARASOTA	9:00am FF NC IP (masks optional)
East Manatee Midday AFG Living Lord Lutheran Church 11107 Palmbrush Trail (Inside Church) LAKEWOOD RANCH	11:30am FF, IP	Joy of Recovery AFG Sarasota Community Church (Room 3 behind Main building) 4041 Bahia Vista Street SARASOTA	11:30am FFO IP	Lakewood Ranch AFG Living Lord Lutheran Church 11107 Palmbrush Trail (Sanctuary Hall) LAKEWOOD RANCH	4:00pm STEP FFO IP ZOOM and O/AA
Steps to Serenity AFG St. Andrew United Church of Christ (Inside and Outside Meeting Available) 6908 South Beneva Rd. SARASOTA	11:30am FF, IP	Steppin’ UP AFG CAL Study Bayshore Gardens Community Church (Library Building) 6228 26th Street W. BRADENTON	7:00pm CAL FF IP	Saturday Night Gratitude AFG Bayshore Gardens Community Church (Library Building) 6228 26th Street W. BRADENTON	7:00pm FF CF IP MR